



Lee Valley Hockey and Tennis Centre

River Lea

Eastway

Footpath

Tunnel under road

A12

Footpath

Shared use

North Wall Road

A12

Abercrombie Loop

BMX Track

Skills Area

Footpath

Temple Mills Lane

Riverbank Loop

River Lea

Velodrome

O Loop

Footpath

Car Park

Abercrombie Road

Chobham Manor Development Site

Olympic Park Avenue

There are three grades of mountain bike trails

- Blue - moderate
- Red - difficult
- Black - severe
- White - Road circuit